The Flower of Summer

- The sunflower blooms from late-summer until early-fall.
- The flower of a sunflower plant is heliotropic, which means it moves to face toward the sun.
- Sunflowers contain thousands of tiny flowers in the disk for bees and insects to pollinate.
- Sunflowers are an agricultural product. Have you ever eaten sunflower seeds or used sunflower oil?
- The sunflower is a giant! The stem can grow from 3-15 feet.

Sunflower Birdfeeder

Did you know sunflowers make great birdfeeders?

Once your sunflowers are done with their jobs as pollinators and begin to droop, cut and dry the heads for bluejays, cardinals and crows to feed on.

Learn how at: https://ginginandroo.com/sunflower-bird-feeder/

The World’s Tallest Sunflower

The tallest sunflower on record was over 30 feet tall grown by Hans-Peter Schiffer of Germany as of 2014.

Can you beat Han’s World Record?

Growing Sunflowers

1. Place a layer of small rocks or pebbles in the base of a biodegradable pot for drainage.
2. Fill the pot with potting soil, mulch or fully broken-down compost.
3. Poke 3 holes in the soil about 1/2 inch deep.
4. Place your seeds in the holes and cover with soil.
5. Give your seeds a good drink of water.
6. Keep seeds moist by watering your sunflowers regularly.
7. Sunflowers like lots of sun and should sprout in 1-2 weeks.

RESOURCES: